



HOW TO WIN THE GAME OF LOVE

Back on the HORSE After BREAKUP or DIVORCE

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ДИВОРЦЕ
ВНЕЖКОБ

Getting Good at the Game

I could write 10 e-books on the art of the game but since we don't really have time for that I will do my best to hit the key points. However, I would ask you to trust me here. I know a few of you will have resistance to the concept and if need be change the word "game" in your mind to "compatibility testing" (but since that sounds kinda gay I won't use it)

First and foremost is to understand why we play. **The game is not played so that you can win, it is played for fun, to build attraction, and to test compatibility.** We have no desire to crush our component but to simply understand a little strategy so that we can actually return a serve and have a good volley with a skilled opponent. One with excitement, massive attraction, indelible respect, and beautiful balance!

Some key tools of the game

Necessary Boundaries - Boundaries are not only necessary but they are sexy because it shows your strength. Imagine a guy enters your clean home with muddy boots on. Do you let him walk around on your white carpet, or do you say, "Hey! Brainless wonder!! Take your damn filthy boots off at the freakin' door!!" Now if you would do this for your home why wouldn't you do this for yourself?

Amen, brotha! This is a lesson that I am still learning and struggle with-but I have learned that not having boundaries will erode my self esteem and happiness.

I tried hard at being a nice girl for so long that I had no idea there was another way! A guy would cancel a date with me last minute and I wouldn't say anything. Someone makes a promise and breaks it and nice girl Kim would just say "no problem" and keep quiet. My ex-husband would send a bullying email and I wouldn't respond out of fear of making him more upset. All of these examples are called having no boundaries. Which means anyone in my life could walk all over me and do it over and over and over. They would bring their gross, muddy shoes into my sparkling clean white carpeted house and I would not say a word. Well no more.

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A date cancels last minute for a non-emergency and I politely let him know I deserve more respect and there will be no rain check. A friend or family member breaks a promise, and I let them know I'm disappointed. My ex starts bullying me, and now he knows he will get his ass cussed out. People will think twice about messing with you because they know you will call them on it. So start calling b.s. when appropriate and you will see that necessary boundaries makes for a happier life.



Video: Boundaries and Bullshit

http://www.startdatingagain.net/?page_id=70

Boundaries are enormously important in ALL relationships, even same sex ones. Don't be the nice girl!

Never be needy - The number one turn off for anyone is to be with a needy partner. This lack of strength works to repel men as effectively as a vegetarian pizza served with non-alcoholic beer. (what guys don't like veggie pizza and beer that won't get you buzzed?)

Needy behavior is: jealousy, nosiness, needing to control, emotional freak-outs, stupid questions (Where is this relationship going?) dishonesty, did I mention jealousy??? Don't do this under pain of getting: Used, ignored, cheated on, left and other generally bad things.

We've all had that girlfriend that complains to us about her man. She whines, she cries, she goes on and on about the fight that she started last night. She gets mad if he goes out with friends, she breaks into his email, and she needs him to be by her side 24 hours a day. You see in her the jealousy, the nosiness, the need to control her man-and it's disgusting. Not a good look huh? You want to tell her to get a life and stop needing to be in his life so damn much!

If it doesn't look good on her, it's not going to look good on you. Get a life outside of the man you're dating so you won't be needy towards him. Neediness is so uncool.

Smart is sexy - Do some women really still think that the dumb blonde is something guys desire? Girls that pretend to be what they are not are only considered by men good for one thing, give you one guess what that is. Show off your big brain like you would a bountiful bust! If someone is intimidated, fuck em'! You have just filtered out one more frog. (Want more on this? I have a killer post on that concept here

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<http://www.mikethemasterdater.com/2010/05/11/beautiful-women-and-the-men-tired-of-fcking-them/>

Step up and be a man! - But I am a woman??? I hope so... but that is not really what I mean. What I mean is taking on the male roll. Do you remember Samantha from Sex in the City? She was a great example of this, she was a man-eater and they loved her for it.

This may not be your bag but if it sings to you, it might be wonderful for your confidence to get out there and flex your kegel muscles again.

Confidence is key - Confidence can and will trump raw sex appeal every time. The super sexy girl without confidence might get sex but she will never get a relationship. The average, ultra confident girl however... totally different story. This is the kind of girl a man can take seriously. This kind of girl is the one that takes all the quality guys off the market. Confidence is built by being willing to make mistakes, willing to be put through the mill and still bounce back. Confidence is an unshakable belief in one's self that is so great, no man can dent it. Confidence is true beauty.

Crappy Communication kills - You ladies are so much better at communication than most men but when it comes to that guy you like, the pleaser or the evil bitch comes out. Funny how when we actually care about someone we lose all ability to communicate rationally, either we are busy trying destroy the relationship out of a deep-seated self loathing OR we are destroying their respect for us by trying to please them. The key problem here is that emotions are sabotaging our ability to say and do the right thing but at least awareness is the first step.

Vulnerability is courageous - You are a confident rock! An island of power!! No man can ever hurt you again!!! This is not at all where I want you to end up, these are walls and as walls they keep people out. If you really want to be powerful you must lay yourself open to attack, you must trust. Showing your vulnerability is like opening your home to a stranger. Sure, once in a while someone might steal a cd or a beer out of the fridge but most will respect what you have done. Being vulnerable is about tearing down those walls and facing your fears, it is about communication and honesty. I know it is counterintuitive but true strength starts here.

Don't play at being a hard ass all the time. What are you, in prison? Men truly like softness and needing to be needed by you. It truly is okay to open up and let your

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man know you aren't made of concrete. Even the strongest woman needs a shoulder to lean on. Let a man know he is a man by being vulnerable at times and leaning on him. He'll be happy and you'll be happy!

Playful, funny bratty - After such heavy topics this one is has a bit more levity! This is a key to catching and keeping his interest. Being playful, funny, bratty is your fencing sword, it is the weapon you will use to challenge him, to make him step up and take notice of you. Being playful and funny can rarely be criticized and screams intelligence if you are talented at it.

The happy bitch - My friend Tamara gets away with MURDER, she can slap guys in the face and give them hell. To most people's shock the guys follow her around like puppies. Personally, I never let her behave this way around me but I still enjoy what is looming under the surface. Tamara is a happy bitch, not an angry one! This kind of behavior may make you uncomfortable at first but it is shocking how effective it can be to get and keep a guys attention.

Busy as a BEEE - "Hey what are you doing tonight?" he asked. "I am free, what are you thinking about doing?" she incorrectly answered. NO NO NO!! What, are you a convenience to him? Does he not have to show you the same respect he would another love interest? Part of the reason he shows respect to the new love interest is because she is an unknown. Why not maintain that type of feeling with him? Why not remain that unknown? The hunter likes to hunt because the deer is elusive and challenging! Don't throw yourself on his gun.

Yeah girl, don't throw yourself on his gun! That says it all! Ladies, here is another way to explain this. Which is more valuable? Running in to a 7-11 convenience store, grabbing one of those hot dogs that's been sitting under the heat lamp for God knows how long or eating a three course dinner at the restaurant you had to make reservations for and wait a week to enjoy. My fellow divas don't be that shriveled up hot dog! I've been the shriveled up hot dog, and let me tell ya...your guy will be hungry later because you're just a snack. I'm with Mike, make that dude make reservations!

When you date reciprocate - It really really bugs me when a girl keeps a tight fist on her finances and expects me to pay for everything. This communicates clearly to me that she doesn't have respect for me, that she is selfish, and horribly old school.

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Not okay, if he buys dinner one night, you buy it the next. (But he really should pay for the first date UNLESS you are the one to ask him out)

I agree with Mike. I love when a guy pays on the first date but after that share the love! Know what else you can do? Pay for the tip. Buy a round of drinks. Treat him to dessert after dinner. Paying is empowering!

Let's talk about sex? Let's not... - A good friend of mine keeps sending guys running because she brings up sex WAY too early in the conversation. She does so because she really likes sex and she wants to make sure he doesn't have a small penis. (Seriously) This almost always backfires on her because it changes the guys perception of the situation. Before she was a relationship candidate but after the sex talk she moves into sexual conquest category and an easy one at that. Don't talk about sex, it is just safer that way.

The friend he's talking about (crying, sniffing, wipes a tear from eye)...is me. Okay, it's not. But there are those of us who bring up sex too early. I've learned my lesson(s)! Though it's 2010 there is still a double standard about this. Is it fair? No. Should you take our advice and not bring up sex early so you won't be considered a ho-bag? Yes. Trust me...my own sister called me a hoochie and she is completely correct, but that doesn't mean I want the whole world to know it!

This ain't gonna get you a good man. It will get you a man who will just call you for the "goodies" but he won't be visiting your grandma with you or going on long Sunday drives. Trust us: zip the lips when it comes to sexy talk too soon.

The power of NO Expectations - When I was in high school I wanted one thing, I wanted sex! However I learned a very valuable lesson very quickly; if I had the expectation I would very rarely get what I wanted. I changed my self-talk and was able to remove any and all sexual expectations. What happened? Well I got a whole lot more of what I wanted because I was not pushy in the slightest. You might be wondering what a horny high school boy and you have in common, but age/desire does not matter here. If you have a relationship expectation, you expect him to call, you expect him to care, he inevitably will sense your expectation and go the other direction.

This is called the "**Wanting It Tax**". This means that the more you want it, the higher the price goes! This is simple economics; if the supply is high the demand goes

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down. If it is a law for billion dollar world markets, don't you think you supplying too much ass might just equate to him not desiring the surplus you are pushing on him?

Have fun! and be ready to say, NEXT!!! - This process does not have to be a scary journey into the depths of dating hell. It can be really fun and extremely funny, heck I have made dating my career. =) Meeting people and having a good time is a blast but if it's not I move on immediately. Should you actively look for the one?? Only if you really want to, I think it is more important to just get back into the mix and see what happens. Maybe life will tell you it is time to focus on yourself and not a man, or maybe all you need is a little companionship?

Becoming what you wish to attract - It took me a long time to realize that the world was my mirror. Everything that I had inside of my head was being projected out into the real world. My anger, frustration and insecurities were bounced back at me on a regular basis. When I started to work on myself and change the bitterness of my soul, I was amazed at the quality of people who suddenly graced my life. It really is that simple, you want someone wonderful? You better be something wonderful! Time to get your ducks in a row ladies, you attract what you are, NO EXCEPTIONS.

When I was a pathetic mess after my divorce, guess who I attracted? You got it, men who were pathetic messes! The more I valued and loved myself, the better caliber men I attracted. I went from a guy who slept on a mattress on the floor with three roommates to attracting a man who owned his own home, plus two apartment buildings in a two states. Yeah, it really does work!

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